

TERM 3 TRACK & FIELD PRIMARY SPORTS PROGRAM

<u>Week</u>	<u>Period</u>	<u>Activities</u>	<u>Years</u>
1	1	Flag races	1-6
	2	Development of flag races	1-6
2	1	Spike ball	1-6
	2	Development of spike ball	1-6
3	1	Sprinting	1-2
	1	Tunnel ball	3-6
	2	Flag race	1-2
	2	Development of tunnel ball	3-6
4	1	Spike ball	1-2
	1	Pass ball	3-6
	2	Relay race	1-2
	2	Development of pass ball	3-6
5	1	Flag race	1-4
	1	Leader ball	5-6
	2	Spike ball	1-4
	2	Development of Leader ball	5-6
6	1	Spike ball	1-6
	2	Flag race	1-6
7	1	Sprinting	1-6
	2	Sprinting 2	1-6
8	1	Relay race	1-6
	2	Relay race 2	1-6
9	1	Baton relay	1-6
	2	Baton relay 2	1-6
10	1	Sprinting	1-6
	2	Relay race	1-6

LANGFORD ISLAMIC COLLEGE	PROGRAMME OUTLINE
SUBJECT :SPORTS	GRADE:YEAR 1-2 TERM: 3 YEAR: 2012

Week No.	Topics Taught:	Resources & Books used	Assessment or Test Yes / No
1	Flag races		
2	Spike ball		
3	Sprinting		
4	Spike ball		
5	Flag race		
6	Spike ball		
7	Sprinting		
8	Relay race		
9	Baton relay		
10	Relay race		

LANGFORD ISLAMIC COLLEGE	PROGRAMME OUTLINE
SUBJECT :SPORTS	GRADE:YEAR 3-4 TERM: 3 YEAR: 2012

Week No.	Topics Taught:	Resources & Books used	Assessment or Test Yes / No
1	Flag races		
2	Spike ball		
3	Tunnel ball		
4	Pass ball		
5	Flag race		
6	Spike ball		
7	Sprinting		
8	Tunnel ball		
9	Baton relay		
10	Relay race		

LANGFORD ISLAMIC COLLEGE	PROGRAMME OUTLINE
SUBJECT :SPORTS	GRADE:YEAR 5-6 TERM: 3 YEAR: 2012

Week No.	Topics Taught:	Resources & Books used	Assessment or Test Yes / No
1	Flag races		
2	Spike ball		
3	Tunnel ball		
4	Pass ball		
5	Leader ball		
6	Spike ball		
7	Pass ball		
8	Tunnel ball		
9	Baton relay		
10	Relay race		